

RDV Sportsplex Ice Den Hockey League

2016 Winter Season

Team Requirements

USA Hockey

It is the player's responsibility to register through USA Hockey using USA Hockey's online registration process. Go to www.usahockey.com to register. Every player must be registered for the 2015-16 season in order to participate. A copy of the player's registration confirmation must be on file with RDV Sportsplex Ice Den.

Jersey numbers and Colors

Players **must** have numbers on their jerseys and they **must** correspond to the number on the roster. Failure to do so will result in having the referee not allow the player to participate in the game. All players must have the same color jersey and a penalty will be awarded at the beginning of the game if a player is not in the correct colored jersey (goalies are excluded). **This rule includes any player who is a sub on your roster for a game.**

Substitution rules

No subs will be allowed unless a team has less than 8 skaters to start a game, in which case, teams will be allowed to sub in players up to a max of 10 skaters. Sub players **MUST** be a 3 rating or lower and must be approved by both head coaches and the Youth Hockey Coordinator or Hockey Manager before sub is allowed to play. 4 and 5 rated players will not be allowed to sub at any point during the season.

Suspensions

Fighting will not be tolerated and will result in an automatic 2 game suspension for first offense and an additional 3 game suspension for second offense. **Player will need to appear before Disciplinary Committee for any fighting game misconducts.**

Intent to injure will result in a 3 game suspension with possible expulsion.

Referee physical abuse will result in a 3 game suspension with possible expulsion.

These are minimum guidelines and upon the discretion of RDV Hockey Department may be lengthened.

Locker Room

Electronic devices (used for anything other than music) will NOT be permitted in the locker rooms

Equipment

The referees have the right to have a player leave the game if his/her equipment is deemed unsafe.

- If a player's HECC helmet sticker is expired, referees may inspect the helmet during warm-ups to determine if the player is allowed to wear the helmet.
- Pee wee and older age players are required to wear mouth guards
- Neck guards are not required, but are recommended

Curfew

All games will have a strict 1 hour curfew. The time will start when the warm up clock starts.

* If needed games will continue running time to fit in the allotted game time.

Game Format

3 minute warm-up

Periods:

Squirt, Pee wee, Bantam and Midget games will be 15 minute **RUN** clock periods

- If the game score is a 4 goal differential or less at any point during the last 5 minutes of the game, then the game will be stop clock.

END OF GAME TIMES

- Any ties at end of regulation go straight to a 3 player shootout. If the teams are tied at a 3 player shootout, then the game will end in a tie and each team will receive 1 pt in the standings. Winning team in shootout will receive an extra point (2 total points), while losing team in shootout will receive 1 total point.

PLAYOFFS

- All teams will make the playoffs
- Seeding for playoffs will be determined by final regular season standings with below tiebreakers in place

END OF SEASON TIE BREAKERS

1. Points
2. Head to Head
3. Wins
4. GA
5. GF
6. Goal +/-
7. PIM
8. Coin toss

RDV SPORTSPLEX HOUSE LEAGUE PLAYING RULES

USA Hockey

All players must be USA Hockey registered. It is now the player's responsibility to register on-line. Proof of registration is required to play at RDV Sportsplex.

Subs

No subs will be allowed unless a team has less than 8 skaters to start a game, in which case, teams will be allowed to sub in players up to a max of 10 skaters. Sub players must be a 3 rating or lower and must be approved by both head coaches and the Youth Hockey Coordinator or Hockey Manager before sub is allowed to play. 4 and 5 rated players will not be allowed to sub at any point during the season.

Warm ups

Scorekeepers will place three minutes on the clock for warm ups. Players may not enter the ice surface until the Zamboni doors are shut; at which time the warm up begins.

Helmets

All players must keep their helmets on **until they leave** the ice.

Time out

Each team is allowed **one**, one-minute time out per game.

Zero Tolerance Rule

Indicated in USA Hockey Rule Book will be enforced at all times!

Non-Checking

RDV Sportsplex House league is a non-checking league.

Game Misconduct

Players receiving a game misconduct penalty are suspended for the remainder of that game and the next game. All game misconducts receive a minimum one game suspension and upon review may be extended beyond that season.

Penalties

Squirt, Peewee, Bantam and Midgets

Minor Penalty = 2:00 (if penalty expires on stoppage, player waits for puck drop)

Major penalty = 5:00

Four penalties in a game by the same player will result in dismissal from that game only.

Three Strike Policy

Any major penalty, game misconduct, or excessive off-ice displays will be considered a strike. Three strikes in any one season will result in a suspension, without refund, for a minimum of the remainder of the season.

- Please note that beginning September 1st, USA Hockey will begin enforcing rule 411 (page 88 in the USA Hockey rulebook) regarding "Progressive Suspensions." To sum up the rule, each time a player receives a major penalty; it will be entered into USA Hockey's player database. If a player receives a third major penalty in the 2014-15 season, regardless of what league or what rink he is playing in, he/she will receive an additional suspension from USA Hockey. Further violations will result in longer suspensions. Please refer to USA Hockey's rule book for further details regarding this rule.

NEW 2016 - Excessive Celebration Penalties

Referees will assess unsportsmanlike penalties for any player who displays excessive (choreographed) celebrations during game play. The focus of this league should be on player development and not individual displays of celebration. We encourage players to come together in a huddle to celebrate, as they do in the professional leagues. The main point is to always show respect for your opponent. Hockey is a team sport, not an individual sport.